**The Golf Swing**

* The golf swing is broken up into 4 parts.
* We will show some videos for you during class which highlight each of the parts.
* You will write down as many key technical points for each part as you can.
* This is due at the end of class today and will help guide you when you complete video analysis on your own golf swing!

**The Set-Up (this includes grip, stance & addressing the ball):**

<https://www.youtube.com/watch?v=UcvA8tcuH2o>

<https://www.youtube.com/watch?v=-oeoXV4-2J8>

**The Takeaway or Backswing:**

<https://www.youtube.com/watch?v=KmjNm8bbuhQ>

**At the Top:**

<https://www.youtube.com/watch?v=zAesXXiNfy0>

**The Follow Through:**

 <https://www.youtube.com/watch?v=tTrhrdpFtz8>

**Check out these sweet golf swings ☺**

Who are these golf players? Which one is Canadian?

1. <https://www.youtube.com/watch?v=Fcqo_9f2obk>
2. <https://www.youtube.com/watch?v=Pvm0TfFAlyY>
3. <https://www.youtube.com/watch?v=ykkf5tFTBWM>

**Check out this NOT SO sweet golf swings ☺**

<https://www.youtube.com/watch?v=jov6UlUW7ws>

**Golfing like this guy will get you kicked out of PE 20 in week 1….not joke ☺**

<https://www.youtube.com/watch?v=VyydT8dy3Hs>