**Sliding Filament Theory OR Neuromuscular Junction Investigation**

* You are going to become an expert on ONE of the above
* In a group of 2 you will research using the internet, your textbook, video etc. and become very familiar with the processes of either *The Sliding Filament Theory or The Neuromuscular Junction*
* You will develop a “simplified” but yet technically correct and educational 5-10 minute lesson.
* You may use diagrams (don’t necessarily have to re-invent the wheel), video, handouts, slides etc. to communicate your knowledge to the class.
* Keep it simple
* Keep the steps precise
* Allow your learners to create a visual in their head of the process
* We will present on\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
* Through the detailed process of creating a “lesson” and listening to a number of other groups present, you will become very familiar with two very important muscular processes.

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