**Personal Blog Creation**

Blogging is the new and improved form of “journal writing”. Blogging is a way of engaging in the course material in a creative and critical manner. Through your own personal blog you are able to write, share, collaborate and learn.

You are going to set up your own Exercise Science Blog. You will be required to “blog” once a week based on a prompt/topic that I provide via my blog http://mslynchblog.weebly.com/ You may also chose, and I encourage you to blog more often as you come across any information that you feel supports the course material. Your blog will be private only I will be able to see it, If you would like to make it public you can, just make sure you are citing material that you post on the blog. You have the opportunity to share your knowledge and passions with many different people.

* I will post a prompt on my blog every Friday, we will talk about it or do a small activity. You will have the weekend to respond to my prompt, it will be due on Monday at Midnight. These blogs will be coordinated to specific units during the course so if you are late entering them they will not be accepted. You are asked to think critically.

I encourage you to create a blog that represents you. Use pictures in your posts, link to additional information, write in a manner in which promotes others or me to respond.

I have made private accounts for each of you on weebly.com these are attached to my blog and I will provide you with a username and password, please do not lose this.

Have fun with this! This is your opportunity to share your passions!

[Student Login Page for Weebly](https://students.weebly.com/?session-expired=1&redirect=edStudentHome.php%23login)

**Criteria for Blog (All pages need Titles)**

**Home page**

**- Choose theme (you can also preview the theme before choosing)**

**-use templates available**

**-Blurb about yourself, Who are you? What are your interests?**

**-What interests you about exercise science?**

**-A picture related to your-self or exercise science**

**3 more pages**

**-First page must be a blog page, where you will respond to my blogs. This should be nicely organized with pictures and titles**

**-Second Page should be for anything interesting that you find during the year. Article links, documents, videos, pictures etc.**

**-Third page should be your Reference Page. Must list references of any pictures, articles, videos or links you use.**