Muscle Scavenger Hunt

Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Origin:**

Proximal attachment

Where muscle attaches to the least moveable area of the bones of the axial skeleton

**Insertion:**

Distal attachment

Where muscle attaches to the bone that is moved most

**Function:**

Action/motion

What the muscle does when activated

*Directions: Follow this link to begin the scavenger hunt activity, Find each muscle on the human body, press on that muscle and read through the information given. Fill out the table and decipher the origin, insertion, function. You will also have to determine what the muscle is named after. For some muscles the website does not directly state what the muscle is named after you may have to use the chart from the power point to help you figure this out:*

<http://www.innerbody.com/anatomy/muscular-male>

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Muscle** | **Origin** | **Insertion** | **Function** | **Named after** |
| external abdominal obliques |  |  |  |  |
| Tibialis anterior muscle |  |  |  |  |
| Coracobrachialis muscle |  |  |  |  |
| Iliopsoas muscles |  |  |  |  |
| iliotibial tract |  |  |  |  |
| trapezius |  |  |  |  |
| latissimus dorsi muscle |  |  |  |  |
| adductor longus muscle |  |  |  |  |