**Grade 9: Personal Inventories**

**Self-Awareness , Self-Management & Career exploration**

***Self-Awareness*** – one’s ability to perceive own emotions and tendencies.

***Self-Management*** – one’s ability to stay flexible and positively direct personal behaviour.

***Please Read all instructions!!!!!!***

**-Please complete all Inventories (1, 2, 3, 4)**

**-After you complete an inventory, do not exit off the results page (you will need the results page to answer questions).**

**-Complete questions located below the link for each test (you will need the results page to do this)**

**-You can answer directly on the page below, all answers need to be typed and must be a sentence or longer.**

**-Please print off completed questions page (page 2 of this document). You will need the questions for your portfolio.**

**- Using the results page from the career test. Fill in the chart on page 3. You will need to hand this in for your portfolio. (An example of the results you will see, are shown below).**

**Interest Level: 92% interest level of career heading**

**Wellness & Athletic Careers Career heading**

**Recommended Student Classes**: Courses related to nutrition, health education, physical education, human biology, and psychology are helpful. **Example Careers**: Physical Therapist (health field) $↑, Nutritionist or Dietitian (health field), Personal Training (health field), Law Enforcement $, Firefighter $, Homeland Security, Recreational Therapist, Military.

Grading Rubric for Personal Inventory Questions

To get a **PERFECT SCORE,** (5) five points each, you must:

* Answer **all** questions in complete sentences.
* Answers reflect analytical skills of personal inventories.
* Have **less than** **3** spelling and/or grammar mistakes.
* Have a minimum of **1** sentence in length.
* Uses **specific** examples from the text to back up answer.

To get an **ABOVE AVERAGE SCORE,** (4) four points each, you must:

* Answer **most** of the questions in complete sentences.
* Demonstrate an **above average** reflection of personal inventories
* Have **less than 5** spelling and/or grammar mistakes.
* Have a minimum of 1 sentence in length.
* Use **general** examples from the text.

To get a **BELOW** **AVERAGE SCORE,** (3) three points each, you must:

* Answer some of the questions in complete sentences.
* Demonstrate that you have basic analytical skills).
* Have **less than 6** spelling and/or grammar mistakes. (It’s not that hard)
* Have a minimum of **1** sentence in length.
* Use **vague** examples or references from the text.

To receive a **CLOSE BUT NOT** **PASSING SCORE**, (2) two points each, you must:

* Answer the questions.
* Demonstrate that you have a clue.
* Have **something** down on paper **that resembles words**.
* Have at least **1** sentence in length.
* Use the **slightest** references to the text.

TO receive a **FAILING SCORE**, (1) one point, you must:

Not complete.

**Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Teacher \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**PERSONAL INVENTORIES**

1. Control + click to complete [Birmingham Multiple Intelligence Test (Secondary)](http://www.bgfl.org/bgfl/custom/resources_ftp/client_ftp/ks3/ict/multiple_int/).

**Questions about results of (BMIT)** :

**a. What are your top 3 Intelligences (ex. Naturalistic, Nature smart)?**

**b. What did you receive as your weakest intelligence?**

**c. Do you agree with the results of this test? Do you believe you should have been rated higher in a specific area?**

1. Control + click to complete [Personality Type](http://www.personalitytype.com/apti).

**Questions about Results of (PT):**

**a. What is your personality type? (Ex. Extravert, intuitive, Feeler, Perceiver (E,N,F,P).**

**b. Use the information from the results page to describe this personality.**

**c. Do you believe this personality type describes you well? Why or why not? Please explain.**

1. Control + click to complete [Keirsey Temperment Sorter-II Personality Instrument](http://www.keirsey.com/sorter/instruments2.aspx?partid=0). Press on the temperament mini report (view report button) Read report.

**Questions about results of (KTS2PI):**

1. **List 4 areas that you excel in according to the report.**
2. **List 4 things that the report says about your personality**
3. **Do you think this is an accurate report of your personality? Why or why not?**
4. Control + click to complete [Career Test](http://www.yourfreecareertest.com).

 **Fill out chart below using results of the career Test. Choose 3 example careers that you are the most interested in, all three can be under the same career heading, or you can choose from different career headings:**

**CAREER TEST AND TOP 3 CAREERS**

|  |
| --- |
| **Career Heading:** |
| **Recommended classes (3):** |
| **Example Career:** |
| **Education necessary for this job:** |
| **5 duties or responsibilities of this job:** |
| **5 skills you need for this job:** |
| **Average yearly salary:** |
| **After researching job rate your interest out of 10. (1 being low and 10 high):** |

|  |
| --- |
| **Career Heading:** |
| **Recommended classes (3):** |
| **Example Career:** |
| **Education necessary for this job:** |
| **5 duties or responsibilities of this job:** |
| **5 skills you need for this job:** |
| **Average yearly salary:** |
| **After researching job rate your interest out of 10. (1 being low and 10 high):** |

|  |
| --- |
| **Career Heading:** |
| **Recommended classes (3):** |
| **Example Career:** |
| **Education necessary for this job:** |
| **5 duties or responsibilities of this job:** |
| **5 skills you need for this job:** |
| **Average yearly salary:** |
| **After researching job rate your interest out of 10. (1 being low and 10 high):** |